







# Strategic Plan







## **Introductory Statement**

For over three decades, the Children's Council has been bringing together representatives from organizations who serve families in Skagit County. Together, our collective goal is to create environments where every child thrives, and all families are welcome and supported.

This strategic plan outlines a roadmap that reflects our dedication to innovative solutions, collaboration, and advocacy for the well-being of the youngest members of our community and the adults who are raising them. By working upstream, we are proactively addressing root causes and systemic barriers, ensuring sustainable solutions that build better futures for families.

This plan is informed by the Population Health Trust's First 1000 Days Call to Action and aligned with the Washington State Early Learning Coordination Plan and the Help Me Grow framework.

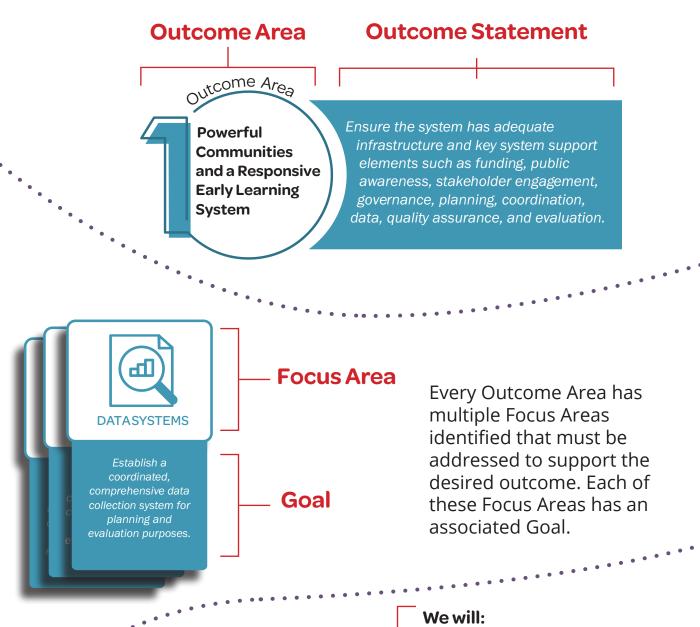
Join us on this transformative journey as we commit to make a lasting impact for generations to come.

### Collaboration

The Children's Council of Skagit County is a member of our regional Northwest Early Learning Coalition, which is one of ten regional coalitions of the statewide Washington Coalition for Children (WCFC). The Children's Council is also a member of the Community Partnership Board of Help Me Grow Washington, which is part of WithinReach.

## **How to Read This Report**

There are five numbered Outcome Areas, each of which has an associated Outcome Statement summarizing its objective.



### **Action Steps**

Finally, for each Focus Area, there are the Action Steps to be taken in order to fulfill the referenced Goal.

- Identify a set of data indicators that can be tracked at the regional and statewide level.
- Develop metrics for action teams and committee work.
- Create a coordinated system for reporting metrics.
- Analyze data to inform continuous quality improvement in the Help Me Grow system.

Outcome Area

Powerful
Communities
and a Responsive
Early Learning
System

Our local early learning system has adequate infrastructure. This includes elements such as funding, governance, stakeholder engagement, planning, coordination, data, quality assurance, and evaluation.



Strengthen family voice and involvement in our overall work.



- partner with existing family advisory councils and committees
- establish a family advisory structure
- conduct listening sessions
- address barriers to family engagement
- employ targeted universalism strategies to support family leadership pathways



Enhance systems infrastructure to ensure responsiveness to families and providers in underserved communities.

#### We will:

- ensure the Children's Council board includes a broad spectrum of sector representatives
- bolster Help Me Grow Skagit initiatives
- prioritize and embed equity throughout all our work
- facilitate regular meetings and communications
- foster collaborations with related coalitions and initiatives
   stay proactive in adopting emerging



Develop policies and advocacy strategies that promote equitable outcomes and advance the well-being of children, families, and communities.

#### We will:

- cultivate relationships with local policy makers,
- identify legislative champions who support early learning initiatives
- create persuasive policy briefs,
- mobilize various advocacy campaigns,
- align policy priorities with regional and statewide stakeholders,
- participate in Advocacy Days and engage families in advocacy efforts

## We will:

- develop indicators and metrics for all our work
- implement a coordinated reporting system
- utilize data analysis to drive continuous improvement.



Establish a coordinated, comprehensive data collection system for planning and evaluation purposes.



opportunities

Strong, Stable, Nurturing, Safe, and Supported Families

Outcome Area

All families have the resources and supports they need to nurture their child and achieve overall family well-being.



## ACCESS TO RESOURCES

Expand communitybased family supports
that provide culturally
sensitive navigation
assistance to help
parents and families
access needed services
and supports.

#### We will:

- Maintain a Skagit Resource directory to connect families to resources.
- Develop a network of trained family resource navigators for families of young children
- Implement a newborn outreach program
- address barriers to accessing resources,
- increase community awareness of resources through outreach activities
- enhance connections between home visiting programs
- provide mobile/pop-up resource offerings



## PARENTAL RESILIENCE

Provide supports to all families to ensure they are healthy, resilient, and can meet the basic needs for their families.

#### We will:

- sustain and expand the Help Me Grow Family Resource Center and navigation call line
- assess existing supports for parents
- adjust programming based on survey results
- coordinate and expand multilingual/multi-cultural parenting support
- support perinatal mood disorder screenings and groups







ACCESS TO SOCIAL CONNECTIONS

All families thrive with access to community social connections that honor their unique shared experiences, culture and language.

#### We will:

- expand play & learn groups and parent/ caregiver classes
- collaborate with partners to provide inclusive settings for children with special needs
- create fatherhood supports



Positive Early Learning Experiences

Families have access to safe, engaging and positive early learning experiences that promote school readiness and lifetime success.



#### SEAMLESS TRANSITIONS

Foster seamless transitions from prenatal through 3rd grade, with a focus on social-emotional development and strong relationships.

#### We will:

- enhance collaboration and communication among childcare, preschool, school district early learning staff, and elementary education professionals
- promote the use of Transition Reports
- Promote opportunities for shared training among early childhood professionals and elementary school teachers



AFFORDABILITY & AVAILABILITY

Enhance affordability and availability of early learning services.



Ensure cultural responsiveness in early learning programs and services, incorporating home languages and practices.

#### We will:

- Provide resources and support for culturally responsive system navigators and group/ class facilitators
- Offer training and resources to professionals and community partners
- Promote, partner with, and attend events led by diverse communities



#### We will:

- Advocate for affordable early learning programs
- Support employer-based early learning options

#### We will:

- Highlight community organizations that provide resources supporting children's development
- Promote access to activities that strengthen families and promote child development
- Create developmental newsletters to share with families





A Strong and Supported Early Learning Workforce

The early childhood workforce has access to training, supports, and compensation to sustain high-quality practices and services.





PUBLIC AWARENESS

Build public awareness that results in advocacy for budget and policy actions that address the need to increase compensation and enhance the stability of the early learning workforce.

#### We will:

- elevate the public image of early childhood professionals
- advocate for equitable compensation and benefits for early learning professionals.
- create a repository of advocacy resources





WORKFORCE

Improve retention of a strong workforce, including professional development opportunities to learn from one another based on community needs.

#### We will:

- Establish referral pathways and feedback loops between the early learning workforce and Help Me Grow.
- Share opportunities for low or no cost training for early learning professionals including topics on mental health support for staff, trauma-informed care, and other relevant issues





Families have access to coordinated comprehensive and integrated health care, developmental screening and key social, behavioral and emotional supports.

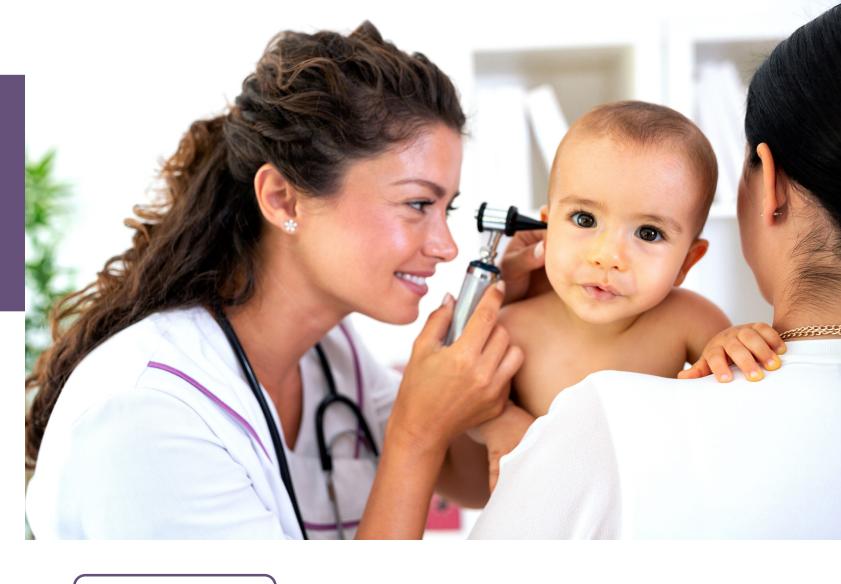


Improve access to comprehensive health supports and ensure continuity of services for children and families.

#### We will:

- Promote efforts to integrate medical, dental, mental health, and substance use services
- establish partnerships for mobile health support
- Advocate for funding for mental health and behavioral supports
- raise awareness of barriers facing immigrants and develop responsive strategies
- advocate for health equity policies, address transportation and language barriers
- enhance accessibility through multilingual videos and voice-to-text technology







**PARTNERSHIPS** 

Build strong connections between healthcare services and social/community support services to provide whole-family care.

#### We will:

- Promote universal developmental and health-related screenings to identify and address developmental concerns early on.
- Enhance partnerships between healthcare providers and Help Me Grow Coordinated Access Points.





Strategic Plan Summary



# Children's Council Leadership

The Children's Council Board is responsible for setting priorities for the monthly Council meetings, as well as leading strategic planning efforts. All members of the board are Council leaders and are voting members in good standing. As leaders, board members are responsible for setting a positive, proactive, inclusive, equitable, and productive tone for the Council and its role in the community.

#### Our Board includes the following positions:

Chair, Chair-Elect, Secretary, Treasurer, Past Chair, Membership, Northwest Early Learning Coalition Representatives, Health Care Provider Lead, Child Care Lead, Data & Analysis Lead, Family & Community Outreach Lead, Coordinated Access Point Lead, Equity Lead, Family Resource Navigator staff, and the Council Coordinator.

# Membership includes representatives from the following organizations:

**Boys & Girls Club of Skagit County Brigid Collins Burlington Library Burlington Little School Child Care Aware** Children of the Valley **Children's Museum of Skagit County Citipoint Church Central Skagit Library Community Action of Skagit County Department of Social and Health Services Division of Children, Youth, and Families Mount Vernon Library Mount Vernon School District Museum of Northwest Art** Olive Crest **Opportunity Council Parent to Parent** 

**Perinatal Support of Washington** SeaMar **Sedro-Woolley School District Skagit Community Foundation Skagit County Public Health** Skagit/Islands Head Start & ECEAP **Skagit Kid Insider Skagit OT Studio Skagit Pediatrics Skagit Preschool and Resource Center Skagit Valley College Skagit Regional Health Skagit Valley Family YMCA Taking Steps Together United General District 304 WIC Valley Kids Therapy** WithinReach YouthNet

## **Values**

The Core Value of the Children's Council of Skagit County are beliefs and behaviors we collectively use to guide our work to ensure that all children are supported and able to reach their full potential.

**Respect and Integrity –** Welcoming and opening to all conversations, questions, and input about our shared vision and common goals.

**High Standards of Quality -** Holding ourselves accountable for making informed decisions and producing quality work.

**Connectivity and Partnerships –** Working together to align and support collective outcomes while actively inviting and elevating community voice.

**Continuous Growth –** Responding and adapting to the changing needs of our community as identified by current research and evaluation.

**Curiosity, Creativity, and Playfulness –** Creating spaces that inspire, encourage, and foster an environment of possibility.

**Diversity, Equity, and Inclusion -** Striving to reflect and engage all of our community to create the conditions for equitable access and supports.

The Children's Council believes diversity strengthens a community and acknowledges inequities exist within our community based on race, ethnicity, culture, language, gender, gender expression, sexual orientation, income, ability, geography, and more. We are committed to regularly examining our actions, systems, policies, and practices in the continued effort to increase our understanding of and capacity to ensure equitable access and support for families' unique needs and structures. As we examine our own privilege, acknowledge our biases, and our power dynamic, we continuously learn, actively engage with community voice, and adapt our practices to best serve our community. We have an ongoing commitment to each other and ourselves to uphold the values we collectively outlined.

### Land Acknowledgement

Today, we serve the communities of northern and eastern Skagit County within hospital district 304 boundaries. We recognize these lands and waterways have been host to and cared for by native Coast Salish people since long before we became a nation. The Lummi, Nooksack, Samish, Sauk-Suiattle, Stillaguamish, Swinomish, Upper Skagit, and Tulalip tribes carry on this legacy in our region today and we recognize their sovereignty. Relationships with tribes have been harmed through broken treaties and broken trust over the decades. As an organization dedicated to building heathier communities, we know this includes the lands we occupy and the relationships we cultivate. With gratitude, we honor the stewardship of Coast Salish peoples and the environment that sustains us.



