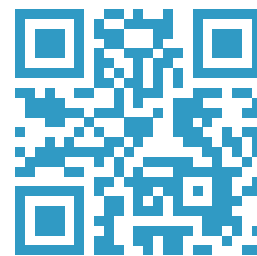




Help Me Grow[®]

Skagit



Helping the children you love grow up healthy—
from pregnancy to early childhood

For SERVICES like:

- Parenting Groups
- Health Care
- Food Assistance

Call or text the
Family Resource Navigator
(360) 630-8352

For ITEMS like:

- Diapers
- Wipes
- Cleaning Supplies

Call or text the
Family Resource Center
(360) 230-9129

Resources Available on the Website



www.HelpMeGrowSkagit.com