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[www.childrenscouncilofskagitcounty.org](http://www.childrenscouncilofskagitcounty.org)

**Minutes**

**December 12, 2018 ~ 8:30-10:00 am**

**320 Pacific Place, Mount Vernon**

**Welcome and Introductions**

We went around the room for introductions.

**Spotlight On….**

* **Member Spotlight**: Nurse-Family Partnership, Jennifer Sass-Walton
	+ Jennifer showed a video highlighting the[Nurse-Family Partnership](https://www.nursefamilypartnership.org/) program
		- intervention to support families to meet health and wellness goals
		- the right support at the right time makes all the difference
		- program lasts 2 ½ years—long term relationships
	+ Babyboxco.com: Jennifer showed an example and passed around the baby box university resources that come with the box
* **Featured Spotlight**: State of Children & Families, Erynn Sendrick
	+ Went over highlights of the report and the one-pager Zoe created
	+ Lyndie will bring report to legislators for advocacy day
	+ A productive discussion of data and measures ensued

**Reports:**

* **Board Report –**Cate Anderson
	+ First1,000 Days, United Way & the Children’s Council have been working to come up with a common brand
		- Bright Beginnings, a brighter future for Skagit County
* **Early Intervention/ICC** -Vanessa Hagerty
	+ Birth-1:**19**, 1-2 year olds: **39,** 2-3 year olds: **59** (117 total being served)
	+ Handed out documentation
* **Parent 2 Parent** - Heather Milliren
	+ Heather distributed tip sheets for reducing holiday stress
		- Have an escape plan to remove a child who is overstimulated from a situation (also use for adults--self-care)
* **NWEL** – Debra Peterson
	+ Still a lot unknown about future funding, hoping to have in person meeting soon
	+ Working with outside consultant on sustainability and switching fiscal agents
* **Connections Conference**
	+ Registration will open right after the new year
	+ Looking for sponsors for the conference this year; if you know of any let Lyndie know, will take any level of donation
* **First 1,000 Days** – Kristen Ekstran
	+ They have assembled an implementation team for First 1,000 Days to build a strategy map starting in January
	+ Kristen aims to get the large workgroup together quarterly in the next year
* **Population Health Trust** – Kristen Ekstran
	+ The [secure medicine return program](https://www.skagitcounty.net/Departments/Health/medicinereturn.htm) will be coming mid-Feb to Skagit pharmacies.
		- Kristen asked that we help create awareness about the program
	+ Kristen also mentioned [overdoses as notifiable condition](https://www.skagitcounty.net/Departments/HealthEnvironmental/opioidcommentform.htm), which is a new thing
		- board of health will now get notifications of overdoses to help target interventions
* **Prenatal to 3/Oral Health Coalition/ABCD** -Jennifer Walton
	+ Prenatal to 3 network meets January 31
		- open to anyone who wants to come
	+ Oral Health Coalition meets January 17 in the evening at the Korean BBQ in MV
* **Skagit County Autism Partnership (SCAP)**
	+ They met this morning, and they met last Friday with Skagit Pediatrics to get referral system better
* **Skagit County Child & Family Consortium (SCCFC)** – Lyndie Case
	+ Meeting here next week on equity work.

We went around the room for Agency Updates/Announcements and Professional Development Opportunities.

Our next meeting is January 9, 2019.

Beth Bermani, Secretary